



Administrator / DHO  
Nkhatabay District Hospital  
P.O. Box 4  
Nkhatabay  
Malawi

May 28, 2005

## GRACE charity – application for first aid training to Chipunga Farm volunteers

Dear Madam,  
Dear Sir,

I am writing on behalf of the GRACE charity. GRACE is an initiative from Germany to facilitate social needs and improvement of basic health care, education, and livelihood to all employees and their relatives at Chipunga Farms. To be successful in this goals we have empowered 2 committees at Chipunga Farms. A health committee (HC), and a Chipunga development committee (CDC). Both committees were picked up through election and are fully accountable to the Chipunga Farms employees and towards GRACE.

The HC now has applied to purchase a first aid and emergency medication box. The first aid box, endowed by GRACE contains basic dressing material and some medication (Sulfadoxine/Pyrimethamine = Fansida and Paracetamol). However, we know that using such a first aid box requires skilled people. Apart from that a responsible and safe use of the first aid items is not guaranteed. GRACE is supporting the HC in its idea that for the correct use of the first aid material and medication a few individuals must qualify.

Our request to you is, whether it is possible to instruct 2 volunteers from Chipunga at the Nkatabay district hospital on first aid care. We presume that a voluntarily training should include at least:

- In case of an occurrence: How to make a general assessment.
- Wounds: How to react and to treat.
- Bleedings: How to react and to treat.
- Snake bites: What to do.
- Fractures: How to put in splint and how to immobilize with easy methods.
- Medication: How to use Paracetamol and Fansida responsible.

May I ask you to support the progressive application of the Chipunga Health Committee to train volunteers on first aid. In my country it is always possible to train fellows by accompanying the qualified staff and doctors during their daily business (let them looking down one's nose at someone).

On behalf of the people living and working at Chipunga Farms and in the Chipunga neighbourhood I am convinced that you can enable such a voluntary training at your hospital. Thank you very much indeed.

Sincerely yours,

Dr. Jens Diedrich  
President GRACE charity